

WINTER 2018 SOCALPULSE.COM

SAN DIEGO

where

BECAUSE YOU'VE ARRIVED

**BORN & RAISED
STEAKHOUSE
GLAMS UP
LITTLE ITALY**

**THE CITY'S
HOT DINING
'HOODS**

**SAN DIEGO
MUSEUM OF
ART'S COOL
NEW EXHIBITS**



COMFORT CUISINE

WINTER'S "IT" DISHES ARE HEARTY, DECADENT AND DOWNRIGHT DELICIOUS.

Comfort ZONE

Winter's "it" dishes are indulgent, decadent and downright delicious.

by SARAH DAOUST

Maybe it's because this last year has been packed with political drama, record natural disasters and otherwise scary news headlines. Maybe it's these cooler months and stressful winter holidays. But right now, more than ever, I'm craving comfort. Thankfully, San Diego provides it in countless ways, namely in the form of food—which has made putting together our annual dining issue extra fun. Following are some of my current favorite foods and dishes to indulge in around town this winter. When seeking comfort, America's Finest City has your back.

BLEU BOHEME

If comfort food were in the form of a restaurant, it would be this cozy, welcoming, rustic French bistro. The **Gnocchi a la Parisienne** at Bleu Boheme is decidedly divine—delicate pillows of sautéed Parmesan dumplings lightly tossed with Brussels sprouts, smoked bacon and white wine cream sauce. *C'est délicieux!* 4090 Adams Ave., Kensington, 619.255.4167

CAFE 222

With classic comfort dishes for breakfast and lunch daily (with the breakfast menu also available for lunch), restaurateur Terryl Gavre's Cafe 222 has been a downtown staple for 25 years. Waffles and griddle cakes are their thing. Among them, the griddled **Banana bread French toast**—made with house-baked banana bread topped with caramelized

bananas—is a sinful start to the day. (Hey, bananas are part of the fruit group and a good source of potassium, so it's fine.) 222 Island Ave., Gaslamp Quarter, 619.236.9902

CRACKHEADS

Offering all-day breakfast sandwiches, build-your-own cereal bowls and Pop Tart ice cream sandwiches, Crackheads at Liberty Public Market is onto something big. Go for the signature **Crackhead sandwich** with bacon, a medium egg, cheddar and their special crack sauce; and add avocado. 2820 Historic Decatur Road, Liberty Station, Point Loma, 619.487.9346

HUNDRED PROOF

Serving up boilermakers, boozy milkshakes and gourmet bar food, Hundred Proof is a woodsy-chic new gastropub uptown. The signature **HP Burger**

(pictured left) with English cheddar, their secret HP spread, pickles, onions, iceberg lettuce and a side of fries hit the spot. Wash it down with one of their slushy mules or hearty milkshakes topped with goodies such as donuts and churros, and let the carb coma commence. 4130 Park Blvd., University Heights, 619.501.6404

NOMAD DONUTS

There's a reason why Nomad Donuts makes one particular item—the **Ube Taro Coconut Donut**—every single day. People are addicted to it, and it sells out daily. Try it and see what the fuss is about. 3102 University Ave., North Park, 619.431.5000

OFFICINE BUONA FORCHETTA

Find authentic Neapolitan-style pizza perfection at this sprawling restaurant—featuring two oversized patios,

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